

WELLNESS
AMBITION
TOGETHERNESS
CONFIDENCE
HONESTY

CHOSEN HILL SCHOOL & SIXTH FORM

Parent Bulletin
Friday 14th October 2022



IMPORTANT INFORMATION:

Brookfield Road Bridge will be fully opened to traffic and pedestrians this evening. Please remember to park mindfully. Please park safely and do not park in front of neighbours' drives or on bends, which could cause unnecessary congestion and create hazards.

Diary Dates for Next Week

Tuesday 18th October 2022: House Music Highlights MFL Food Tasting Day

Wednesday 19th October 2022
German Visitors
Business School Sixth Form
Challenge
Year 11 English Mock Exam Student
Council Meeting

Friday 21st October 2022 Churchdown Gang Show - more information to follow End of Term - school closes at 15:05 Over the last two weeks students have been working hard to prepare for the House Music competition. The event, which took place today was certainly a lovely way to finish the week and proved to be an amazing spectacle and celebration of talent, hard work and fun! The 'extra' events like this add hugely to the positive memories and sense of belonging that students take away and also in the confidence and self-esteem that comes from their involvement. Thank you to everyone involved for their energy and support.

A huge well done to the year 9 rugby team this week who were not only victorious in winning the District competition, but also conducted themselves incredibly well in doing so!

A final thank you from me for your patience and adaptability over the last 10 months in working around the disruption caused by the closure of the Brookfield Road bridge. It is fantastic news that the work has been completed ahead of schedule and is reopening today.

Have a lovely weekend

Mr Pauling Headteacher

Connect with us on Social Media:









Learning Tip:

Museums and Galleries

One of the most rewarding learning experiences students can have is to visit a museum or an art gallery. A visit to a museum or gallery is an experience of value in itself – simply sampling the atmosphere is something students enjoy. It can also help students connect with the curriculum at a deeper level.

Year 8 students will be learning about Britain's involvement in the slave trade in their History lessons and will explore some of the links the South West had to slave trading. The M Shed Gallery in Bristol brings this particular topic to life and is well worth a visit.

Lost Property

Please ensure that all of your child's belongings are labelled - we cannot return items if we do not know who they belong to.

If your child loses any item belonging to them at school, they should retrace their steps in the the first instance. Any lost property that is handed in will be kept at Reception.

M5 Road Bridge (Brookfield Road) due to Re-open Today





We heard late last week that the Brookfield Road Bridge is reopening to traffic this evening, much earlier than expected after Highways England managed to make good progress. Much welcome news after a year of traffic and roadworks getting to and from school! This will hopefully alleviate some of the traffic woes we have had this week too from the roadworks on Cheltenham Road East.

So, from Monday morning, please expect the traffic to be slightly different from both directions.

The John Dix and Henshaws (was Eagle Line bus services will continue as is – arrival and picking up on site. The Stagecoach buses will continue their diversion route until 29th October then return to the normal route from 31st October. Please see here for more information about Stagecoach Services – this is the new timetable.

If you would like to find out more information about the Brookfield Road bridge opening and progress, Highways England has sent us some information:

https://sway.office.com/0nxy5Q3Gn7lXa5K1?ref=email

Working at Chosen Hill School - Vacancies

| Vacancy | Link to Advert | Closing Date |
|--|----------------|-------------------|
| Wellbeing, Mental Health and Hub Support | Eteach | 14th October 2022 |
| Teacher of Design & Technology | Eteach | 14th October 2022 |
| Head of Faculty - Social Sciences & Teacher of Science | Eteach | 16th October 2022 |
| Teacher of Business Studies & Social Sciences | Eteach | 16th October 2022 |
| Personal Assistant to the Headteacher | Eteach | 18th October 2022 |
| Qualified Learning Assistant / TA | Eteach | 23rd October 2022 |
| Office Manager | Eteach | 30th October 2022 |



A massive thank you for supporting #helloyellow on Monday 10th October 2022.

We raised an amazing £563.16.

Well done!

COVID Vaccines: How to Access First or Second Doses for Children Aged 5-17

It isn't too late for children to access a COVID vaccination if they haven't already completed their course.

Children are eligible for:

- First or second dose Children aged 5 to 11 (paediatric dose Pfizer)
- First or second doses Children aged 12-17 (Pfizer)
- Third primary dose Children aged 5-11 who are severely immunocompromised (paediatric dose Pfizer – 8 weeks after second dose), anyone aged 12+ who is severely immunocompromised (Pfizer – 8 weeks after second dose)
- Autumn booster Children aged 5-11 who are severely immunocompromised or household contact of someone immunocompromised (paediatric dose Pfizer at least 3 months after previous dose), anyone aged 12-17 who is severely immunocompromised or household contact of someone immunocompromised (Pfizer at least 3 months after previous dose)
- *children aged 5-15 inclusive must wait 12 weeks after a COVID-19 infection to get a vaccination
- **people aged 16 or over must wait four weeks after a COVID-19 infection to get a vaccination

To access a vaccination, contact your GP Practice for advice on how to book an appointment at a local vaccination centre, use the national booking system to get an appointment at a community pharmacy or the JabVan at Gloucestershire Royal Hospital (www.nhs.uk/covidvaccination or call 119).

Please make sure to carefully check eligibility before taking your child to a drop-in clinic; depending on their age they may only have specific vaccines which will not always be available at every clinic.

More information about the COVID vaccines for children and young people is available here.



4pm Club Timetable

| | Silent Revision | After School | |
|-----------|-----------------|--|--|
| Monday | USH | L16 Geography DS1 Drama/Performing Arts M38 Maths – Foundation L20 French | |
| Tuesday | USH | LM3 History P1 Creative iMedia P3 Computing Science SC20 Science – Invite Only | |
| Wednesday | USH | U3 English – Securing Grade 4+ U9 – Securing Grade 6+ M37 Maths – Higher M39 Maths – Foundation | |
| Thursday | USH | Sc10 Chemistry – Higher M20 Science – All Classes LM4 History G23 Business Studies G15 Health & Social Care D1 Art, Photography, Graphics D4 3D Design | |
| Friday | | L2 PE – Theory Sports Hall Practical Badminton | |

BBC 100 Share Your Story - Tuesday 1st November 2022

We are excited to announce that we are going to be taking part in the BBC 100 Share Your Story tour as part of the BBC's 100th birthday celebrations throughout 2022. In the one-hour sessions being delivered to the students at CHS, a carefully selected BBC Ambassador will share their inspirational journey with students, in a bid to inspire them through the power of storytelling.

The year groups involved, and the timings are shown below:

Session 1: 9 – 10am Year 7 Session 2: 10 – 11am Year 10 Session 3: 11.20-12.20pm Year 8 Session 4: 12.20 – 13.20pm Year 9

If you have any queries please contact Mrs Hall via email: eh@chosen-hill.gloucs.sch.uk.

Wellbeing Matters

"To D, or not to D? That is the question" (apologies to the English department for desecrating the words of Shakespeare!

At this time of year, as the days shorten and the sun appears less often, our thoughts may turn to the merits of taking Vitamin D supplements. Discovered exactly 100 years ago, Vitamin D can be made under the skin when the sun shines upon it; just rolling up our sleeves to expose the thinner skin on the underside of our forearms for 15 mins in gentle sunshine makes enough for our daily requirement. Dietary sources are more elusive as it is present in very few foods.

Whilst Vitamin D has been shown to be of benefit in preventing and curing rickets (soft bones) in serely deficient infants and children, it has recently been bestowed with a superstar vitamin status. Over the past decade, earlier studies suggested it not only reduced risk of falls and fractures (albeit modestly, but it was claimed that it could lower incidence of cancer, Type 2 Diabetes and reduce risk of cardiovascular events. However, more recently, much larger megatrials have attenuated this evidence particularly in people, who are replete in the vitamin. The current government recommendation is that everyone over the age of 4 years old takes a daily supplement of 10 micrograms (10µg/day) or 400 International units (IU/day) as a potective measure throughout the autumn and winter months. The reason being that it is estimated that around 1 in 6 adults in the UK are deficient in Vitamin D, especially if working indoors or having darker skin tone. Whilst Vitamin D3 (the most effective form) has a high saety threshold, the NHS advises not to exceed 4000IU/day as it can lead to Calcium being laid down in blood vessels. Vitamin K2 appears to have a synergistic effect with Vitamin D so taking the two together helps Calcium to be deposited in bones rather than blood vessels. The takeaway message though is to preferably go outside and get some "sunshine vitamin "for free!

Please see links below showing the sources of Vitamin D and health effects.

https://www.nature.com/articles/s41574-021-00593-z

Vitamin D in adults

HOUSE NEWS

Cross County Success

This was a really good event as usual, and the houses were separated by a few points in many of the events. One of the amazing things to note, was that every house won one of the races in each year group. This was with one exception - Scott in year 8, but they still won the overall Girls' year 8 title. The top runners will go on to run in the district event today. Sixth form will find out on Friday during house music, with thanks to all for their help.

House Music

Amazing performances from students and staff alike - Thank you. Don't forget to join us for the highlights concert on Tuesday 18th October 2022 at 19:00.

MASEFIELD















WHITTLE





















CARNE

















SCOTT

















Chosen Hill School House Music from a Visitor Perspective

This year we were lucky to have a visitor from Pates Grammar school who found the event far superior to that in his own school.

"Chosen Hill School's house music was a sight to behold and thoroughly entertaining. Each performance was unique, and the students were singing with enthusiasm. The song choices were good and the students seemed to enjoy singing them. I especially like Masefield's 'No Direction' spoof. The lighting and smoke effects fit perfectly with the performances and added to the experience. The students were able to get on and off the stage quickly, which coupled with the music played in between performances, meant there were no awkward pauses while the next performance was prepared.

I honestly think that this school's house music was better than the house music at my school. The students seemed to thoroughly enjoy themselves, the experience as an audience member was excellent, and all in all I was happy to have had the opportunity to watch this event.

Niall Baker (Yr11 Grammar School)"

Remembrance Writing Competition

To recognise the month of Remembrance, in support of the Royal British Legion we are organising a competition.

This is a cause for all nationalities and races to get behind.

For our budding authors/poets enter your short story or poem along the theme of remembrance or thanks.

There will be a winner from each year group representing their school House as well, with prizes available and recognition of your contribution for all.

All entries to be handed in to your learning mentors by the 4th November – struggling for inspiration - join us in the Hub at lunchtimes.

The runners up & winners work will be on display in reception.

See some examples below to get your creative juices going......

Rembrance Day

Remember our soldiers who risked their lives Everyone who died in the wars so we can be free Making our world into glory and peace Enlist the soldiers - courageous and strong Mothers memories of their boys who died for us Brothers who bled just for us Respect the soldiers who fought for our country Armistice Day - wear poppies with pride November 11th armed weapons fall silent Celebrate the soldiers who survived Enjoy our freedom in happiness and peace

Dripping blood, red like see through raindrops Attacking wearily the soldiers advanced Years of fighting ending in freedom - you wonder what our soldiers went through!

Little Poppy

Little poppy Given to me,

Help us keep England Safe and free.

I'll wear a little poppy red as can be,

to remember those who fought for me.



'One Thousand Men Are Walking'

One thousand men are walking Walking side by side Singing songs from home The spirit as their guide they walk toward the light milord they walk towards the sun they smoke and laugh and smile together no foes to outrun these men live on forever. in the hearts of those they saved a nation truly grateful for the path of peace they paved they march as friends and comrades but they do not march for war step closer to salvation a tranquil steady corps the meadows lit with golden beams a beacon for the brave. the emerald grass untrampled a reward for what they gave they dream of those they left behind and know they dream of them forever in those poppy fields there walks one thousand men

Joshua Dyer 2019 (aged 14)



Poppy Poppy



Poppy poppy what do you say? Wear me on Remembrance Day.

Poppy poppy what do you tell? Many soldiers in battle fell.

Poppy poppy what should we know? That peace on earth should grow, grow, grow.



The inquisitive mind of a child



Why are they selling poppies, mother? Selling poppies in town today? The poppy, my child, is the flower of love for the men who marched

Why did they chose a poppy, mother? Why not a beautiful rose? Because, my child, men fought and died in the fields where the poppy

But why is the poppy so red? Red is the colour of blood, my child, the blood that our soldiers shed.

The heart of the poppy is black, mother. Why does it have to be black? Black is the symbol of grief my child for the men, who never came back

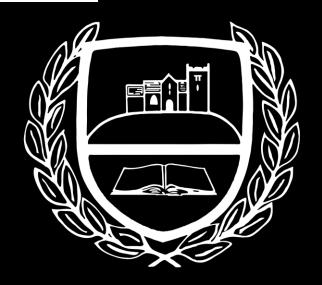
But why mother dear, are you crying so? Your tears are like winter rain. My tears are my fears for you, my child, for the world is forgetting again.

Original poem written by John F. Willcocks (1918-2007)

Remembrance Art Competition



This year for remembrance month we are looking at creating our own Graffiti Wall. This wall will represent us as a school as well as showing our support for the armed forces. This is the graffiti wall we borrowed last year; however, we want to commemorate all service personnel and civilians who gave their lives for their country. The following slides will give some ideas of what we are looking for.





Remembrance Art Competition





- Design the Chosen Hill School Graffiti Wall
- Can be individual or group entry.
- School logo must be included
- Your design needs to have lots of details the area you have to cover is 3.2m high x 7.3m wide.
- Need to include all 3 services RAF, Army & Navy.
- Must also include a message of thanks
- Think about the past and present
- The artists with the winning design will get to work with Tim Martin of Illustration Graffiti Street Art to complete the final piece which will be a permanent feature of the school.
- Your design needs to be given to the hub by the 21st October.















Thursday 27th Oct Friday 28th Oct Saturday 29th Oct 7.15pm Chosen Hill School
Adults £9
Concessions £7
Family (2+2) £26

It's Back

Charchdawn
Gang\Show







churchdowngangshowtickets@gmail.com or call 07879 626653









PRISM

PRISM is Chosen Hill School's support group for the LGBTQ+ community and allies.

PRISM is a safe space to come for information, help or just a Chat. Feel free to just turn up.

Each week we will be doing a range of different activities.



Venue - Contact Miss Hall or Miss White for venue details

Time - Wednesday lunchtimes 1.20pm

For more information contact -

Miss Hall (EH) - eh@chosen-hill.gloucs.sch.uk

Miss White (EW) - ew@chosen-hill.gloucs.sch.uk

Year 7 Parent Information Video

With many apologies for the delay due to staff absence, please find links to the Year 7 Parent Information from Miss Moss, Year 7 Lead.

Year 7 Parents Information Video Final.mp4
Year 7 PIE Slide Show October 2022.pdf

Just a reminder to book on to a "Meet the Learning Mentor" appointment as per the communication sent earlier this week. Remember to use your child's preferred name rather than legal name.

chosenhill.schoolcloud.co.uk

Year 11 Parents' Information Evening - Wednesday 2nd November 2022

We would like to invite you to a Year 11 Parent's Information Evening on Wednesday 2nd November at 6pm in the Main School Hall at Chosen Hill.

The evening will run through how best you can support your child throughout Year 11.

The focus of the evening will be based on:

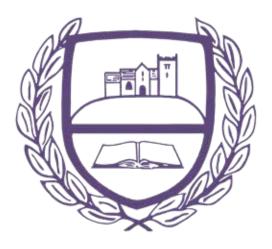
- How best to support your child throughout Year 11
- Upcoming mock exams
- Post 16 and next steps

It will be the first face to face contact since picking option subjects in Year 8 and we hope to see all parents. Your child does not need to attend, but are welcome to come along if they wish to. We would be grateful if you could fill in the form below so that we know whether you can attend.

Response form

Sixth Form Open Evening - Save the Date!

Our Sixth Form Open Evening is on Thursday 5th January 2023 from 6pm-8pm.



Gym and Dande Show - A Night at Chosen Hill...Moments from the Movies, The Red Carpet and Hollywood!

A reminder that this year we are excited to present - A night at Chosen Hill... Moments from the Movies, The Red Carpet and Hollywood! We are celebrating our dancers and gymnasts in a showcase on December 7th in our main school hall.

- There are group rehearsals every day after school next week in the Main School Hall, Boys Gym and Girls Gym from 3.05pm-4.15pm (17th 20th October). These will continue after the school break.
- Students to sign in at the PE office, to be given rehearsal space.
- The year 7 students which are doing the class dance 'We don't talk about Bruno' or 'Pirates of the Caribbean' these rehearsals will continue in PE lessons.
- On Thursday 20th October there will be auditions for all groups, solos and duos from 3.15pm 4.15pm (NOT the Year 7 Class Dances).
- Miss Moss, Miss Miller and Ms Tudor would like to see how much students have come up with so far it doesn't need to be completely finished!

We can't wait to show parents/carers and other members of the Chosen Hill Community the talent we have in the school and look forward to seeing as many students as possible at the live performance. More information about this will be sent out after the October break.

Chosen Hill School Dance Show 2022

Meeting:

Monday

LUNCHTIME 1.40-2.00pm

MAIN SCHOOL HALL

ALL WELCOME – dance and gymnasts

Sporting Fixtures

Year 9 Rugby Cheltenham District Cup Winners!

Chosen Hill beat all teams on the way to the final, beating a strong Pates team. Well done to all players involved, fully deserved based on their application and the way that they play rugby. Many staff from other schools commented on how well the players conducted themselves both on and off the pitch with their positive attitudes.



Year 11 Rugby

Well done to Ben Taylor, Rueben Millward and Callum King, who represented the Cheltenham District Rugby Team last week, beating Gloucester, Forest and Bristol.



District Cricket Champions!

The U15s beat Pates in the final at Cheltenham CC. Fantastic team performance, with Reuben Dreyer top scoring with 50.



Sports Clubs, September to December

Please see below our sporting clubs which are now available to students. Please contact your child's PE teacher for further details.

| | Before School | Lunchtime | After School |
|-----------|--|--|---|
| | 08:00 - 08:25 | 13:25 – 14:00 | 15:10 - 16:15 |
| Monday | | • Year 7 Hockey | |
| Tuesday | | • Years 10 & 11 – Boys Basketball | All Years – Boys Rugby Year 9, 10 & 11 - Netball |
| Wednesday | • Functional Fitness – Girls Gym | • Year 8, 9, 10 & 11 – Hockey | Girls Football Year 7 Rugby |
| Thursday | | Years 7, 8 and 9 – Boys Basketball GCSE Trampolining | Years 7 & 8 – NetballBoys Rugby |
| Friday | | Girls Basketball | All Years - Badminton |