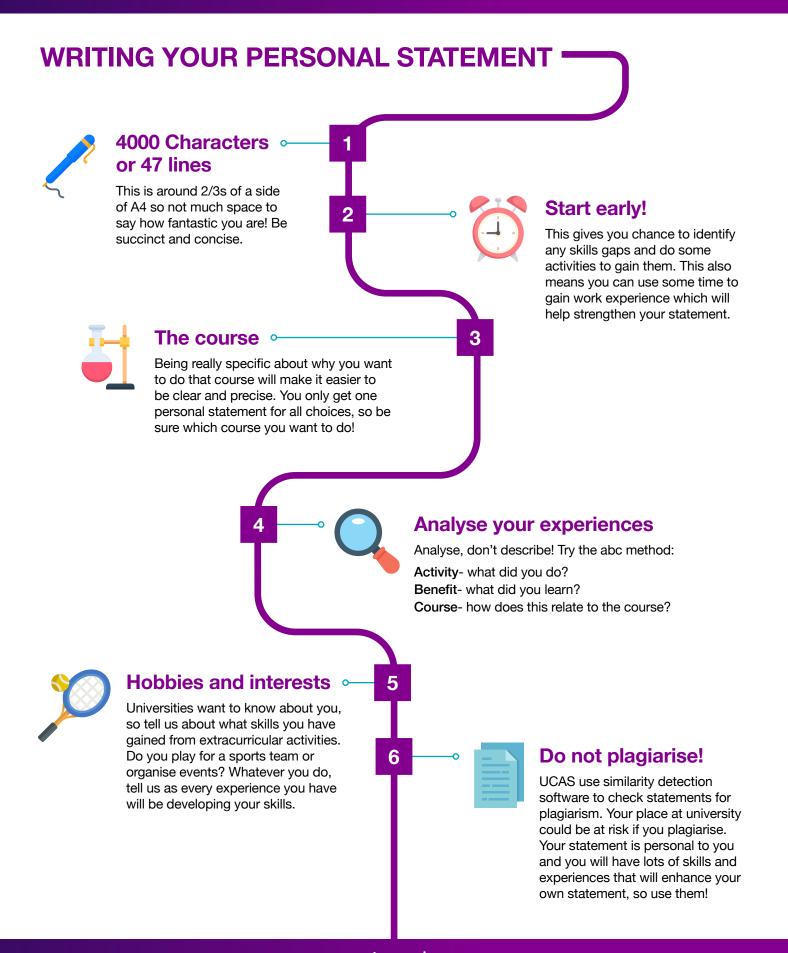


## **Personal statement**



Getting started on your personal statement can be tough. This quick exercise will help to get you started and get some ideas down on paper. You can then transfer this into the next activity that will help with structure.

Your Course: Why are you interested in your chosen course? E.g. currently study it, work experience etc.

Write 5 key words that relate to your course	What experience do you have that relates to these words?
e.g. Law - Debating	Part of a debating club
1.	
2.	
3.	
4.	
5.	

Your Studies: What are you studying now?

What are you favourite parts of your current studies?	What skills have you learnt through your current studies?
e.g. Science- lab work	Research skills and data interpretation
1.	
2.	
3.	
4.	
5.	

1.

2.

3.

What do you do in your spare time?	What does this tell us about you?
e.g. Play sport	Good team working skills
1.	
2.	
3.	
4.	
5.	

Now you are ready to structure your ideas into your Personal statement. Remember, two thirds should concentrate on the course and how you are a good fit for it, with the other third all about you and have your extra-curricular activities have equipped you with the skills needed for University. Why are you applying to the course? What interests you the most about it? Ensure you show you understand the subject e.g. using course-specific language such as distribution process and manufacturing for Business courses Why are you suited to the course? Do you have any specific skills that will help or have you taken part in University taster days that show understanding? What are you studying now and what skills have you gained? Do these subjects relate to what you want to study e.g. studied similar modules? What are your hobbies and interests? What skills have you developed from these and how will these skills help you be successful on the course? Work experience- Mention any work experience, placements, part-time work or voluntary positions. Relate this back to skills needed for the course. Where to next? Discuss where you see yourself in the future and how being successful on this course would get you there.