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| No | Title of Standard | Explanation |
| 1 | Understand your role |  |
| 2 | Your personal development |  |
| 3 | Duty of care |  |
| 4 | Equality & diversity |  |
| 5 | Work in a person-centred way | Care values & principles needed when caring for individuals |
| 6 | Communication |  |
| 7 | Privacy & dignity |  |
| 8 | Fluids & nutrition |  |
| 9 | Awareness of mental health, dementia & learning disabilities |  |
| 10 | Safeguarding adults |  |
| 11 | Safeguarding children |  |
| 12 | Basic life support |  |
| 13 | Health & safety |  |
| 14 | Handling information |  |
| 15 | Infection prevention & control |  |