

## OVERVIEW OF COURSE

### A Level Course H555

#### **Physiological factors affecting performance (01)**

- 2 hour written paper 30% of A level
- Applied anatomy and physiology
- Exercise physiology
- Biomechanics

#### **Psychological factors affecting performance (02)**

- 1 hour written paper 20% of A level
- Skill acquisition
- Sports psychology

#### **Socio-cultural issues in physical activity and sport (03)**

- 1 hour written paper 20% of A level
- Sport and Society
- Contemporary issues in physical activity and sport

#### **Performance in physical education (04)**

- Non-exam assessment (NEA) 30% of A level
- Performance or Coaching
- Evaluation and Analysis of Performance for Improvement (EAPI)
- One practical activity only



## **POPULAR SUBJECT COMBINATIONS**

This subject goes well with Biology and other Sciences, including Social Science.

## **CAREER PATHS**

Many students go on to study Sports related degrees at university, such as Sports Coaching, Sports Development, and Sports Management. Some students go on to study Physiotherapy, particularly if they have also studied Biology at A Level or other sciences. Some students go on to study Outdoor Education qualifications. Many of our students go on to become Sports Teachers by combining or adding a PGCE to their qualifications.

## **ENTRY REQUIREMENTS:**

GCSE Grade 9-6 in PE or 9-6 in Science if GCSE PE was not studied.

Evident enthusiasm and competency in two sports.